Eighth annual statewide conference

Opening Doors.
Transforming Lives.

Maryland Out of School Time Network

January 9 & 10 2018
Stevenson University - Owings Mills Campus

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**Tuesday, January 9th**

5:00 - 8:00 pm  
State of OST Reception  
Rockland Hall

Join the MOST Network and special guests for a celebration of afterschool in Maryland! We’ll have a State of OST Address, dedicated to big ideas around the field in Maryland, as well as our Second Annual OST Awards to programs of distinction. Relax, network, and celebrate with Maryland’s afterschool family.

**Wednesday, January 10th**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>8:00 am</td>
<td>Registration Opens</td>
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<tr>
<td>9:00 am</td>
<td>Opening Greeting</td>
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<tr>
<td>9:30 am</td>
<td>Keynote: David Shapiro, CEO MENTOR: The National Mentoring Partnership</td>
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<td>10:30 am</td>
<td>Workshop Block 1</td>
</tr>
<tr>
<td>12:00</td>
<td>Lunch</td>
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<tr>
<td>1:15 pm</td>
<td>Workshop Block 2</td>
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<td>2:45 pm</td>
<td>Workshop Block 3</td>
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<td>4:15 pm</td>
<td>Adjourned</td>
</tr>
</tbody>
</table>
Addressing times of change through service

Tuesday Keynote Speaker:
Van Brooks,
Director of Governor’s Office for Service and Volunteerism

Van Brooks is a resident of the Poppleton community in West Baltimore, where he was raised. His early private school education began at Father Charles Catholic School in Sandtown-Winchester. He then attended Loyola Blakefield for middle and high school. While there, Van was a three-sport athlete, but he really excelled in football. It was during his junior year in 2004 that he went in for a routine tackle and crushed his spinal cord in two places. As a result, he was initially paralyzed from the neck down without the ability to talk, eat, or breathe on his own. Despite that devastating injury, Van soon realized that if he was going to have any chance for success he needed to continue with his education.

As soon as Van gained the ability to speak he began taking classes in the hospital. With the support of so many, he completed his entire junior year of class work the summer of 2005 and graduated with his class on time the following year. In addition, Van later earned a degree from Towson University, gained his independence back, and with eight consistent years of intense therapy in 2012, he took a few steps on his own. This was also the year that Van would understand why he suffered his injury, which ultimately helped him realize the true purpose for his life. Van believes that he was being prepared for a life of service.

Additionally, Van strongly believes that students should have access to quality education and the resources and opportunities necessary for achieving their goals. At SAFE, his mission is to inform the youth about the importance of obtaining an education as well as having an alternate career plan in anticipation of life’s deviations. Van and his teammates assist students in achieving academic success through educational programming and vocational exposure with real world application.

In 2015, Van opened the doors to The SAFE Center in West Baltimore two blocks away from his home. The SAFE Center serves twelve middle school children from various neighborhoods in West Baltimore. They accomplish this through establishing partnerships with local schools, community leaders, universities, and corporations. In doing so, the SAFE Center provides a variety of after school, weekend, and summer learning opportunities that will ultimately aid the youth in realizing and unlocking their true potential.
Second Annual MOST Awards

The Maryland Out of School Time (MOST) Network proudly announces the second annual MOST Awards, recognizing excellence in out of school time and youth development by individuals and organizations that demonstrate outstanding achievement and leadership.

**Innovation in OST Award**

The Innovation in OST Award recognizes excellence in STEAM integration in the OST space. Access to high-quality STEAM education is the Civil Rights issue of the 21st century, and this award is given to a youth-serving program that offers cutting-edge, hands-on, STEAM enrichment for youth to complete projects that develop 21st century skills.

**Champion of Change Award**

The Champion of Change Award recognizes excellence in youth-led initiatives. Over half of the planet is under 30 years old, and today’s youth are more globally connected and motivated to change the world they will inherit. This award recognizes an exceptional youth-led program that is focused on positive community change.

*Awards designed and made by the youth at the Digital Harbor Foundation.*

*Sponsored by:*

**Digital Harbor Foundation**

**Giant**
**Transforming Lives Award**

Quality mentoring relationships have powerful positive effects on young people’s personal, academic, and professional development. In connecting a young person to a positive mentoring relationship, they are more likely to enroll in college, hold a leadership position, volunteer regularly, and become a mentor themselves. The Transforming Lives Award recognizes excellence in an OST programs with a strong focus mentorship.

*Sponsored by:

Big Brothers Big Sisters at the Y

**Whole Child Wellness Award**

It is well known that OST programs can provide academic enrichment, but for most youth, OST programs are a safe space to relax, enjoy a meal and exercise, and develop socialemotional skills that will last a lifetime. The Whole Child Wellness Award recognizes excellence in an OST program that supports youth socialemotional learning, healthy behaviors, and restorative practices.

*Sponsored by:

Elev8

Baltimore
Wednesday

Agenda and Workshop Breakdown

**Agenda:**

8:00 am  
Registration opens  
*Rockland Ballroom*

9:00 am  
Opening Greeting  
*Rockland Ballroom*

9:30 am  
Keynote:  
David Shapiro,  
CEO MENTOR:  
The National Mentoring Partnership  
*Rockland Ballroom*

10:30 am  
Workshop Block 1 Begins  
*School of Business, rooms 401-408*

12:00  
Lunch  
*Rockland Ballroom*

1:15 pm  
Workshop Block 2 Begins  
*School of Business, rooms 401-408*

2:30 pm  
Coffee Break  
*School of Business*

2:45 pm  
Workshop Block 3 Begins  
*School of Business, rooms 401-408*

4:15 pm  
Adjourned

**Workshops at a Glance**

- **Healthy Behaviors**
- **Organizational Capacity**
- **Mentoring**
- **Arts & Literacy**
- **STEM**
<table>
<thead>
<tr>
<th>Workshop Block 1</th>
<th>Workshop Block 2</th>
<th>Workshop Block 3</th>
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<tbody>
<tr>
<td><strong>10:30 am - noon</strong></td>
<td><strong>1:15 - 2:30 pm</strong></td>
<td><strong>2:45 - 4:15 pm</strong></td>
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</tbody>
</table>
| Yoga as an Agent of Change in the Black Community  
*Room 403* | Fostering School, Out-of-School Time, and Community Connections  
*Room 401* | Vitamin N: The Importance of Getting Youth into Nature  
*Room 405* |
| The Cardio-Fit Project: Boosting the Quality of Physical Fitness Activities  
*Room 406* | 60+ OPEN After School Program  
*Room 402* |  |
| **Room 403** | The Power of Play  
*Room 406* |  |
|  |
| **Room 406** |  |
| Brag About It!  
*Room 407* | How to Manage your Afterschool Staff More Effectively to Help Reduce Turnover  
*Room 403* | Transformative Classrooms: Creating Space for Personalized Learning  
*Room 401* |
| The Unshakeable Power of Relationships  
*Room 404* | Is the Gold Standard All that Golden? Evaluating Community Schools in Complex Environments  
*Room 404* | Mapping a Pathway for Success through Creative Youth Development  
*Room 402* |
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| Mentoring 101: Starting a Mentoring Program  
*Room 407* | Building a Lasting Mentoring Program  
*Room 405* | Coaching for Character  
*Room 407* |
| Training Matters: The Importance of Training Mentors  
*Room 408* |  |
| Working with and Engaging Young Men of Color  
*Room 403* |  |
|  |
| Engage, Create, Reflect: How Can Literacy and the Arts Bring Afterschool Spaces to Life?  
*Room 401* | People of the Word: Exploring Literacy and Identity  
*Room 406* |
| Culturally Responsive Teaching through the Arts  
*Room 408* | Don’t Forget the A: The Inclusion of Art in STEAM  
*Room 408* |
| Motivation Education: Educators Connecting Research to the K-16 Classroom  
*Room 402* | Affordable 30 Minute STEM Activities  
*Room 404* |
| 3D Printing Entrepreneurship  
*Room 405* |  |
Wednesday Keynote Speaker:
David Shapiro, CEO MENTOR: The National Mentoring Partnership

David Shapiro is the CEO of MENTOR: The National Mentoring Partnership, the unifying national champion for expanding quality mentoring relationships for young people. For more than 25 years, MENTOR has helped build and serve the mentoring field by providing a public voice; developing and delivering resources to mentoring programs nationwide; and promoting quality for mentoring through evidence-based standards, innovative research and essential tools. Under Shapiro’s leadership, MENTOR’s efforts to build capacity and scale innovation within the mentoring movement have been highlighted by the Social Impact Exchange, the Stanford Social Innovation Review, and Grantmakers for Effective Organizations. During his tenure, MENTOR launched In Real Life, a national mentoring public awareness campaign, with the support of the NBA and has worked extensively with the Obama Administration on the mentoring component of My Brother’s Keeper. In addition, the U.S Department of Justice Office of Juvenile Justice and Delinquency Prevention selected MENTOR to establish and lead the National Mentoring Resource Center.

Shapiro was previously the CEO of MENTOR’s Massachusetts affiliate, Mass Mentoring Partnership (MMP). During his tenure, MMP launched Champions of Mentoring at Fenway Park, Highland Street AmeriCorps Ambassadors of Mentoring, Mass Mentoring Counts and the Bill Russell Mentoring Grants Program. Shapiro’s experience includes leadership positions with the U.S. Golf Association Foundation’s 10-year, $50 million grant-making initiative and the American Red Cross of Massachusetts Bay. He chairs the board of the Mass Nonprofit Network and serves as a volunteer leader with a variety of nonprofits, including America’s Promise Alliance, Common Impact, and the Institute for Non-Profit Practice. He was selected for the Barr Foundation Fellowship. Shapiro is a husband, father of two sons, and mentor.
What you can expect

We will provide your mentoring organizations with training, resources, public awareness, and advocacy, providing the critical link between MENTOR’s national efforts and local organizations and programs that foster and support quality mentoring relationships.

CONNECT WITH US
Twitter: @marylandMENTOR
Facebook: @MarylandMENTOR

Sign Up for more info @ comingsoon.marylandmentor.net

MENTOR

The relationship with the National Mentoring Partnership (MENTOR) will increase the quality and quantity of mentoring relationships in Maryland, support programs to improve quality, effectiveness, and scale, as well as coalesce stakeholders to expand engagement and investment locally.
Workshop Block 1

Yoga as an Agent of Change in the Black Community

Room 403

This workshop will demonstrate the biological, emotional and psychological effects of yoga and meditation through participatory meditation, breathing exercises, and a dynamic and informative presentation that will include data, powerful questions, and a testimonial video. We will illustrate health disparities in America, and demonstrate how the science of yoga and mindfulness can help shift the paradigm for Black Communities by creating awareness and preventative health practices such as yoga, meditation and mindfulness.

Changa Bell, Founder and Chief Yoga Officer, The Black Male Yoga Initiative

Changa is the Founder of The Black Male Yoga Initiative. While pursuing a Ph.D at American University, Bell decided to take time off to travel the world and get exposed to the transformative power of yoga. Upon returning to the United States, he became a certified yoga instructor and had the opportunity to teach the practice to autistic children, then to foster children. Seeing an influx of young black men coming through the foster system, Bell realized that yoga could alter the course of their lives.

The Cardio-Fit Project: Boosting the Quality of Physical Fitness Activities

Room 406

Partnering for Youth Cardio-Fit Project (C-FP) inspires youth to embrace the positive, preventative actions necessary to enjoy a lifetime of cardiovascular health. C-FP teaches children the science behind nutrition and physical activity to understand the link between ‘what’ and ‘why,’ what children are told to do for their health and why it’s important for their bodies. With the skills, confidence, motivation, and knowledge of the scientific connection between diet and exercise, children are equipped to take personal responsibility for the choices determining their future health. Participants will Learn how to implement the Cardio-Fit Project with shared resources and experiences, and receive information about developing funding for after school programs.

Linda Kohler, Executive Director, Partnering for Youth & Chesapeake Charities

Linda has been involved with the organization since 2005. Linda manages the daily operations of the organization and its 75+ funds, provides assistance to those interested in philanthropy, and secures resources to address community needs. Linda is a Standards for Excellence Licensed Consultant specializing in grants, evaluation, and strategic planning. Since 2008, she has secured over $7 million for Partnering for Youth.

Kim Umberger, Program Director, Partnering for Youth & Chesapeake Charities

Kim has directed the Partnering for Youth After School Program since 2001. She designs and implements programs at 10 schools, provides fiscal oversight, and manages sustainability efforts. Her background includes program management and freelance design. For 22 years, Partnering for Youth has provided life-changing afterschool experiences for youth in Queen Anne’s County, offering a safe, affordable option for families during the critical afterschool hours.
Brag About It!

Room 407

Get the word out! How do you promote your program? Gather and utilize your program data to tell your story, apply for funding and enhance the quality of your program. There is a plethora of amazing ways to celebrate your program. Join us for quick, real-life scenarios that will make your job easier. We will explore creative ways of marketing all your unique programming. Participants will be engaged in hands-on activities and share their experiences on how they brag about their programs, and will create talking points about their program creating at least one goal to connect with funders and partners. We will share successful stories of practical ways to highlight programs success. It is time to celebrate your successes!

The Unshakeable Power of Relationships

Room 404

My ability to thrive is bound up in my neighbor’s ability to thrive. If my neighbor is not ok, I am not ok; my city is not ok. At Thread we practice building trusting relationships through Shared Experiences, Shared Interests, Shared Supports, and Shared Networks. Explore this framework and the power of trusting relationships to transform Baltimore through story-telling, discussion, and roleplay. Participants will gain understanding of the key elements of trust, and how to strengthen trusting relationships with anyone, practice using Thread’s framework for building trusting relationships in your own mentoring networks, and deepen understanding of the power of trusting relationships to transform our neighborhood, city, and society.

Wendy Weisbart, Professional Development Genius, Communicate, Collaborate, Celebrate!

Wendy has spent 20 years as a classroom teacher, 21st CCLC facilitator, district administrator, educational saleswoman, and national consultant. She has multiple Master’s Degrees in Technology, Arts in the Curriculum, and Leadership and Administration. Her focus is creating collaboration through effective communication.

Danielle Bowen, Collaborator Extraordinaire, Communicate, Collaborate, Celebrate!

Danielle has been involved with the out-of-school time field for over 20 years. She creates synergy to engage key decision-makers as she collaborates with various programs and businesses to implement high-quality programs. Danielle’s experience as a recreation leader, site coordinator, and program director for afterschool programs has assisted her role to advocate and educate in both local communities and nationwide.

Nick Greer, Vice President of Interconnection, Thread

Nick was the Director of Science, the Special Assistant to the Chief of Staff, and Academic Content Liaison for Science in Baltimore City Public Schools prior to becoming Managing Director of Partnerships with Thread. Through his roles, Nick deepened his commitment to equitable, systemic education reform in Baltimore. Nick also spent eight years teaching high school biology. In 2009, he was named the Baltimore City Teacher of the Year. Nick was also honored to be selected as a 2010-2011 Teaching Ambassador Fellow at the US Department of Education, where he worked for one year in the Office of the Secretary. Nick holds a Bachelor’s of Science in Biological Sciences and an M.A.T in Secondary Science Education from the University of Pittsburgh.
Engage, Create, Reflect: How Can Literacy and the Arts Bring Afterschool Spaces to Life?

Room 401

During this workshop, participants will engage in variety of ways to connect the arts with literacy that can be applied immediately in their afterschool settings. Demonstrating tried and true strategies, the facilitators will share their own insights and lessons learned in classrooms and community settings. Through engagement in an arts integrated lesson, participants will see the power of using the body to create simple movements to express ideas and knowledge. By stepping in the shoes of their own students, they will experience the impact of student-led creativity. With opportunities for reflection throughout, everyone will walk away with tangible ideas about how to connect literacy and art in truly transformative ways.

Kristina Berdan, Education Director, Young Audiences Arts for Learning – Maryland

Kristina is a National Board Certified teacher, with fifteen years of experience in Baltimore City Public Schools. Ms. Berdan received her Master of Arts in Teaching from Towson University after a professional dance career with the Dayton Ballet Company. Alongside nine of her middle school students, she founded The Youth Dreamers: a non-profit organization that built Baltimore’s only youth-run center. Currently, Ms. Berdan is the Education Director at Young Audiences.

Valerie Branch, Master Teaching Artist, Young Audiences Arts for Learning – Maryland

Valerie graduated magna cum laude from the University of Maryland College Park with a Bachelor’s Degree in Dance. She has experience touring as a performing and teaching artist both nationally and internationally. Valerie has brought dance into schools throughout South Africa and St. George’s, Grenada. As a Roster Artist with Young Audiences of Maryland and the Wolf Trap Early Learning Program, her mission is to bring dance to schools throughout DC/MD/VA and beyond.

Culturally Responsive Teaching through the Arts

Room 408

Teaching arts education that is culturally responsive not only fosters relationships but promotes high student engagement. By embracing the culture (and worlds) of students, meaningful connections are made that help students to feel that they have ownership in their learning, and encourage them to create.

This type of instruction also leads to powerful conversations on race, power and justice. Participants in this workshop will be able to define culturally responsive teaching and strategies for engagement, as well as gain knowledge and apply techniques that are arts-based and culturally responsive.

Dana Carr, Executive Director, Leaders of Tomorrow Youth Center, Inc. (LYTC)

Dan has spent years delivering professional development for educators. Having served as an administrator, mentor, teacher, and instructional coach, Dana has a diverse educational background and is passionate about ensuring that all students have equitable access to a quality education: one that is engaging, creative, and student-centered. Dana is committed to empowering educators to implement best-practices. In addition, Dana is a Professional Development Specialist for Discovery Education.

Aisha Austin, Director of Programs and Partnerships, LYTC, Inc.

Aisha began her work in the arts in high school and founded the Symone Center for Theater Arts, an afterschool and summer camp in Baltimore County. Aisha went on to hear her Master’s in Arts Administration, completing a thesis on denying the arts and perpetuating the achievement gap in Maryland schools. Ms. Austin is currently pursuing her Doctorate in Education at Johns Hopkins University. Aisha is committed to closing the achievement gap through high-quality arts instruction and programming. Her work at LYTC helps to support those efforts, particularly in under-resourced communities.
Motivation Education: Educators Connecting Research to the K-16 Classroom

**Room 402**

MOTIVATION EDUCATION™ applies the Theory of Multiple Intelligences and the Theory of Self-Determination to address the Next Generation of Science Standards through STEM, STEAM and STREAM programming for youth K-8. The programming integrates socio-emotional learning, direct instruction and computer assisted instruction to go beyond remediation to acceleration. Currently the programming is in use in OST programming in summer at the Smithsonian and through Howard County Recreation and Parks, after school in BRIDGES OVER HOWARD COUNTY, in an environmental education “pipeline” of community development in Annapolis, at a Nature Center in Panama and for demonstration teaching supporting national grants in 3 states. At this workshop, participants will become students to experience real world simulations, and then become teachers to evaluate learning through “Out of the Box” teaching resources.

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**3D Printing Entrepreneurship**

**Room 405**

In this workshop, we will cover the logistics of setting up a 3D printing business, the benefits for youth, and why 3D printing is a great tool for beginning entrepreneurs. 3D printing has a relatively low entry barrier with a high payoff in terms of youth development. Small 3D printing businesses have a compact enough pipeline, allowing youth to take full ownership and to begin developing business acumen at an early age. Youth develop communication skills when working with customers as well as other important workforce skills. We believe in empowering youth with the tools to compete in the professional world before they are tossed into it and this is a good place to start!

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**Andy O’Neill, Workshop Specialist, Digital Harbor Foundation**

Andy is a workshop specialist at the Digital Harbor Foundation where he leads and develops content for educator workshops. Before his time at the Digital Harbor Foundation, he started a small 3D printing business operated out of his college dorm, which gave him a great deal of insight into small business and entrepreneurship.

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**Dishon Hall, Content Specialist, Digital Harbor Foundation**

Dishon is a Program and Content Specialist at the Digital Harbor Foundation where he develops and teaches content for youth programs. He teaches a 3D printing modeling course as well as a 3D printer building course. Dishon has a background in 3D modeling for 3D animation.

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**Robert Keddell, Adjunct Faculty Johns Hopkins University**

Robert is currently a graduate-level educator at Johns Hopkins University, teaching courses entitled Action Research for Social Improvement and Teacher Leadership, and also serves as Director of Educators Connecting Research to the K-16 Classroom (ECRC). With an over 40 year career, Bob has received two Presidential Teaching Awards, numerous grant awards, national creative teaching awards, and consultant opportunities. Bob’s recent projects include work for the Smithsonian Tropical Research Institute of Panama, the Smithsonian Environmental Research Center, Smithsonian Associates, and the National Museum of Natural History.
Fostering School, Out-of-School Time, and Community Connections

**Room 401**

Please join us as we explore ways your healthy out-of-school time program can begin fostering connections to strengthen the healthy eating and physical activity environment for the students your program serves. Participants will understand how schools and OST programs can create winning partnerships, how physical activity and healthy eating fit into the OST environment, and how to lead implementation efforts in your school community using the Whole School, Whole Child, Whole Community (WSCC) model.

60+ OPEN After School Program

**Room 402**

Kids need 60+ minutes of physical activity every day. This program is designed for afterschool leaders looking for ways to make physical activity an integral part of every student’s after-school routine. Join us for a fast and furious test-drive of the OPENPhysED.org website and fitness learning modules. OPEN is a free online program designed to empower afterschool leaders with content that inspires students. This activity-based session will focus on easy ways to engage students and teach fitness lesson plans that ensure academic rigor and inspire movement. The OPEN 60+ Afterschool Program is designed based on National After School Association Healthy Eating and Physical Activity Standards. Content includes lessons, activity cards, backwards design resources, that you can download and use immediately.

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**Sharon Vance, Maryland Afterschool Association**

Sharon has twenty years of experience leading out-of-school time and summer programs. Currently, Ms. Vance serves as the President of the Maryland AfterSchool Association and works for the Maryland State Department of Education supporting the Maryland EXCELS program in Carroll and Howard Counties.

**Ellen Ormsby, Program Manager, US Games**

Ellen is the US Games Sales Manager, responsible for working with schools and organizations to implement quality physical education and activity programs. Ellen Earned her Bachelor’s of Business Administration from James Madison University and is currently pursuing a Master’s Degree in Health Information Systems at the University of Maryland – College Park. For over nine years, Ellen has worked with schools and organizations nationwide to promote resources that support quality physical education and activity. Ellen is also a certified ACE and cycle instructor, and is passionate about encouraging healthy lifestyle choices.
The Power of Play

Room 406

The Power of Play workshop introduces the importance of play and lays the foundation for creating a safe, healthy, and respectful environment for youth. With Playworks: Power of Play, we give you and your staff the introductory tools needed to create safe and inclusive play opportunities for all students. It also includes a discussion of the various barriers youth may face and how adults can help youth navigate and overcome these challenges. Participants walk away understanding how to select and initiate games that support the physical, social, and emotional development of your students.

How to Manage your Afterschool Staff More Effectively to Help Reduce Turnover

Room 403

In a field based on relationship building, afterschool programs experience high rates of turnover that affect the work and its impact. Although a certain level of turnover is out of our control, as managers, we have great influence on our team’s turnover and retention. Join us in examining best-practices when it comes to staff retention starting with the hiring process and looking at onboarding, goal-setting, supervision, professional development, performance reviews, and coaching. Take a deeper look at your philosophy and style as a manager and what you are doing to contribute to your team’s turnover and retention. Participants will walk away with a renewed commitment to your team, including some practical strategies you can start implementing immediately.

Eugene Easter, Account Manager, Playworks

Sean Keelan, Senior Trainer, Playworks

began with Playworks in 2011 as a mid-year hire program coordinator in Baltimore, and now serves as the Trainer for the Greater Baltimore Region. Sean is thrilled to bring his commitment to Youth Development, love for the game, and knowledge of Playworks to everyone he meets. Throughout his eight years in the field of Youth Development, Sean has accumulated a love for collaboration and the cross-pollination of ideas.

Katherine Spinney, Certified Coach, Trainer, and Mentor, Katherine Spinney Coaching, LLC

Katherine has spent her entire career working to improve the lives of others. Katherine has earned Master’s and Bachelor’s Degrees in both teaching and social work, and has worked in diverse environments from urban to rural to suburban as well as four years living and working overseas. With extensive experience in the public and non-profit sectors, Katherine has been in management for nearly a decade. She has combined her experience, education, and passion to become a certified coach and found her own LLC in order to support others on their own professional journeys through coaching, professional development, and mentoring.
Is the Gold Standard All that Golden? Evaluating Community Schools in Complex Environments

**Room 404**

Elev8 Baltimore was launched in the fall of 2009 at four PK-8 schools in East Baltimore to improve social and educational outcomes for middle school students. Elev8 uses a community school model that includes three pillars of support: 1) OST and extended day learning, 2) school-based health services, and 3) family supports. As the external evaluation partner, Carson Research Consulting (CRC) provides research and evaluation services to Elev8. In this capacity, CRC manages programmatic data as well as data from Baltimore City Public Schools system. CRC conducts annual process evaluations of Elev8, including interviews and stakeholder focus groups ranging from staff, families, and students. In this session, we will describe the methods through which we gather the qualitative and quantitative data necessary for the evaluation of Elev8. We will also discuss the findings following 6 years of implementation and evaluation, including successes, challenges, and lessons-learned.

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**Dr. Taj Carson, CEO, Carson Research Consulting, Inc.**

Dr. Carson has been working in the field of evaluation since 1997 and has conducted over 100 evaluations and trainings with federal government programs: state, county, and city agencies and organizations, as well as private non-profits. Dr. Caron specializes in research and evaluation that can be used to improve organizations and program performance. She has extensive experience in all phases of evaluation, including evaluation design, capacity building for evaluation, training, qualitative and quantitative methods, and data visualization.

**Sheila Matano, MPH, CPH, Senior Research Analyst, Carson Research Consulting, Inc.**

Sheila is a Research Analyst at Carson Research Consulting and has more than seven years of experience using qualitative and quantitative research methodologies. In her role as evaluator, she specializes in working in complex evaluation environments, and has worked with several non-profit organizations and foundations nationwide to help them improve their program activities and outcomes. In her work, Ms. Matano has created evaluation designs, logic model, data matrices, and data collection and reporting systems that have been used in support of successful program evaluations.

**Alex Warrick-Adams, Director, Elev8 Baltimore**

Alex serves as Director of Elev8 Baltimore, and has over 15 years of non-profit experience in education and youth development. Alex began her career as a volunteer mentor of high school students during her college years. After joining the Educational Initiatives team at the East Baltimore Development Inc., Alex worked closely with the Senior Director to finalize and submit the application that would come to be Elev8 Baltimore. As the new site manager for the newly opened East Baltimore Community School, Alex learned firsthand the social, academic, and economic challenges facing low-income and working-class families, and has leveraged partnerships to enhance the educational experience of students.
Mentoring saved Alphonso’s life; you could say that much of his life was an uphill battle. In this session, learn about Alphonso’s story and the development of his organization: Mentoring Mentors. Participants will take part in an interactive session and leave with the skills to start their own mentoring program, learn how to get it out there, identify strong recruitment strategies, and follow effective programming.

Alphonso Mayo, Founder and Executive Director, Mentoring Mentors
Alphonso is a motivational speaker, author, coach, and youth activist from Baltimore. Mr. Mayo did not learn how to read until his freshman year at Northwestern High School, and would practice reading every night until he became a self-taught reader. Alphonso graduated 7th in his class, and attended North Carolina Central University, and later Stevenson University, where he graduated in 2014 with a degree in Human Services. Upon graduation, Alphonso founded Mentoring Mentors Inc.

Mary Bradford, Coordinator, Maryland Mentoring Resource Center
Mary is the Coordinator of the Maryland Mentoring Resource Center with Big Brothers Big Sisters at the Y, as well as Affiliate Director of the ACE Mentor Program of the Greater Washington Metropolitan Area. Prior to these roles, Mary was an attorney in the Child Advocacy Unit of the Maryland Legal Aid Bureau. She has worked with youth or in youth-serving agencies for nearly 15 years.

Zara Cadoux is an educator, trainer, and program developer. She holds a Master’s in Intercultural Service, Leadership, and Management from SIT Graduate Institute. Zara has been at Sisters Circle since 2014 and has built out the organization’s workforce development pipeline, mentor training series, and school engagement systems. In addition to her role at Sisters Circle, Zara is an adjunct faculty member at the University of Baltimore, serves on several boards, and has her own training, facilitation, and coaching business: Cadoux Consulting.

Imani Yasin is an educator, youth advocate, mentor, and facilitator who has committed herself to developing catalysts for positive change by leading and working alongside Baltimore City youth since 2007. She is a graduate of Philadelphia University with a Bachelor’s of Science in Psychology. Imani is a long time member of Sisters Circle who was recruited into the program as a 5th grader and has recently joined the staff team. Her current focus is expanding the network of support provided to Sisters Circle’s high school students.

Maryland Out of School Time Network 8th Annual Statewide Conference January 9 & 10 2018
Vitamin N: The Importance of Getting Youth into Nature

Room 405

In a world quickly becoming overrun by technology, we are losing our connection with nature. As a result, many youth and adults are being diagnosed with Nature Deficit Disorder, greatly affecting our mental and physical health. Learn about the Nature Deficit Disorder and many ways we can help ourselves and youth overcome it through discussion and hands-on activities. Discover how to bring nature inside the afterschool site or classroom when the great outdoors isn’t easily accessible or Mother Nature isn’t cooperating. Join us for a healthy dose of Vitamin N.

Transformative Classrooms: Creating Space for Personalized Learning

Room 401

This workshop will provide an immersive, hands-on experience for practitioners to learn the science behind personalized learning and, more importantly, the practical and realistic applications of it in an urban environment. Instructors will follow the “learn, watch, do” model. Participants will receive synthesized research materials for proven, effective, best-practices, observe an in-classroom demonstration, and then work in small-groups comprised of participants across diverse organizations to conceive and create their own diagram for a truly Transformative Classroom. Participants will understand the fundamentals of personalized learning and the tools/space needed to integrate it into their classroom. Participants will also gain practical tools and guidance on how to implement a personalized learning space while still managing classroom behavior. Participants will feel empowered as practitioners that provide youth with a sense of responsibility, pride, ownership, and accountability in maintaining a personalized classroom.

Melissa Tucker, 4H Program Assistant, University of Maryland Extension 4H

Melissa is the 4H Program Assistant for the University of Maryland Extension and has over eight years of experience working for the State and National Parks. Melissa has an A.S Degree in Applied Sciences and a B.S Degree in Criminal Justice.

Navonne Owen, 4H Agent Associate, University of Maryland Extension 4H

Navonne is a University of Maryland Extension faculty member and runs the county 4H program in Dorchester County. Her program work focuses on leadership and life-skill development, and working in the out-of-school time setting to provide 4H lessons and experiences related to STEM, citizenship, and healthy living. She has a B.S Degree in Agriculture & Animal Science and M.A Degree in Education.

John Holt, Director of Program Operations, Building Educated Leaders for Life (BELL)

Upon graduating with a BA in music from Morgan State University, John taught in the Baltimore City Public School system. John’s work with BELL began in June, 2015 as a Seasonal Summer Program Manager; he then became a full-time Program Manager later that summer. John currently oversees all program operations in Montgomery County, MD serving as Director of Program Operations. John continues to be an active member in the U.S. Naval Sea Cadet Corps.

Shindonna Matthews, Director of Program Operations, BELL

As Director of Program Operations for BELL Baltimore, Shindonna she maintains a positive culture and climate throughout programming, conducts classroom evaluations, and manages program leadership teams. Shindonna served as the Director of Arts Department and Lead Teacher for the Middle School Team. Shindonna since served as a Lead Teacher and Program Manager. She has led the middle school program at Booker T. Washington Middle School for 3 years.
Coaching for Character

Room 407

Supporting athletes’ character development is one of the greatest responsibilities a coach has. From recreational teams to the competitive level, coaches have an opportunity to not only create better athletes, but also better people. Creating successful teams and developing players’ character are not mutually exclusive and when both are focused on, the results can be extraordinary. Typical character education programs take away from sports skills development by requiring coaches to conduct ancillary lesson plans. This session will teach coaches how to make any sports drill or activity a character building session without adding any additional lessons and detracting from the time you spend developing your team. Participants will learn how to develop their athletes’ persistence, optimism, self-regulation and empathy by using the Coaching Corps Character Building Framework. This framework will enable coaches to use their own sports activities to build upon athletes’ character all season long.

Safiyah Chetam, Assistant Media Instructor, Wide Angle Youth Media

Safiyah is the Assistant Instructor for Wide Angle Youth Media’s high school design team and middle school Baltimore Speaks Out (BSO) Northwood site. Previously, Ms. Cheatham taught at Govans Elementary School for three years while earning her Bachelor’s of Science Degree in Electronic Media and Film from Towson University. Safiyah hopes to further her education and teaching experience by supporting communities through educational media.

Jim Oyos, Coaching Corps

Suzanne Sillett, Director of Education and Quality

Suzanne is Coaching Corps’ resident expert on curriculum development and training. Her focus is to ensure that all coaches are trained and supported effectively to provide youth with quality coaching. She oversees Coaching Corps’ “Coaching for Character” initiative, which prepares coaches to develop their players’ persistence, optimism, self-regulation, and empathy. Suzanne has over 25 years of experience with coaching and sports-based youth development. Suzanne earned her Master’s of Science from San Francisco State University, where she studied the effects of soccer participation on urban girls of color. She also has a B.A from the University of California, Davis, where she played soccer.
**Working with and Engaging Young Men of Color**

**Room 403**

In this signature training by Sadiq Ali, founder of Millionaire Manners Academy, participants will delve into what makes great programs great, as well as learn about special considerations when working with young men of color. Inclusive, thoughtful program design is as much art as science so learning best practices can help! Lastly, we will cover do’s and don’ts when working with this special group. Participants will be able to define program director roles and tasks, identify and practice the 7 habits of highly connected people and how they can improve your relationship with program participants, explore the Dos and Don’ts of working with young men of color, and understand the special considerations related to working with YMOC, as well as dig into your own personal challenges.

**Sadiq Ali, Millionaire Manners Academy**

Sadiq Ali, MBA, is a five-time author, speaker, professor, education consultant, social entrepreneur, coach, trainer, and host. Through his organization, Millionaire Manners Academy, he speaks to, trains, and works with thousands of students, parents, educators, and everyday people wanting more from life every year. Sadiq has a very active social media presence, and invites you to follow his achievements @millionairemanners or @TheSadiqAliShow.

**People of the Word: Exploring Literacy and Identity**

**Room 406**

People of the Word is an integrated, community-engaged literacy campaign that seeks to engage all members of a school community - educators, students, parents, program partners, and neighborhood residents - in the active exploration of reading, writing, and culture. In this workshop, we will explore the use of one of our most popular books, show examples of the artwork, which centers on the African-American experience, and do a deep-dive on the book and its impact on identity. Participants will hear an overview of the People of the Word program, and explore the values of diverse and representative literature.

**Lisa Bleich, Executive Director, Alliance for Community Teachers and Schools (ACTS)**

Lisa is the Executive Director of ACTS Alliance: a Baltimore-based non-profit, which opened in 2011 to contribute to the transformation of urban education locally and nationally. Lisa served as Senior Facilitator and Lead Trainer at Baltimore Community School Connections, which provided trainings for the first cohort of community school coordinators in Baltimore City.

**Ako “Brother Changa” Onyango, ACTS Alliance**

Ako has contributed to the artistic fabric of Baltimore in various ways over the past two decades. He is the Executive Director of Group Harvest LLC and previously served as Executive Director of Community Mediation. He is also the Founding Director of Our Boys Institute. His reputation as a speaker to youth, facilitator for difficult conversations, creative partner and resourceful problem solver are what make him an important part of the Baltimore community.
Affordable 30 Minute STEM Activities

Are you trying to incorporate STEM into your afterschool program, but feel overwhelmed by the science or costs of materials? If so, this workshop is for you! Learn about four affordable 30-minute STEM activities for your afterschool program. No prior STEM experience or knowledge is needed, and the materials used for each activity will be everyday household items. This session will prepare you with the necessary STEM background information for each lesson and then walk you through each activity step-by-step. These exciting STEM lessons include hands-on experiential activities that your students will enjoy while also learning about key science, technology, engineering, and math concepts. Handouts will be provided so that you can begin incorporating these activities into your afterschool programs.

Room 408

Don’t Forget the A: The Inclusion of Art in STEAM

STEAM is one of the most talked about subjects in our world today. Combining technical knowledge with creativity leads to innovative ideas. So how can we integrate creative hands on learning with technical knowledge and skills? Through art! Art with a Heart uses art as a vehicle to teach a variety of skills and engage in conversations across cultural and socio-economic backgrounds. This interactive session will demonstrate how integrating art into STEAM lessons requires little more than thinking outside the box! Participants will leave with a better understanding of the importance of art in STEAM, understand how to integrate visual art into STEAM lessons, and enjoy a STEAM activity.

Danyett Tucker, Program Director, Art With a Heart

Daynett is the Program Director for Art With a Heart, and has a passion for community art having completed several murals across schools in Maryland. Danyett is an arts integration advocate with extensive training in writing and developing arts curricula that integrates common core concepts. Ms. Tucker has a B.A in Fine Arts from Morgan State University.

Yolanda Jenkins, Administrative Assistant to the Executive Director, Art With a Heart

Yolanda has a B.A in Sociology from Morgan State University and a M.A in Non-Profit Management from Notre Dame of Maryland University. Through her work with Art With a Heart and her volunteer commitments, she is dedicated to creating accessible and equitable educational opportunities for underrepresented populations.

Room 404

Jocelyn Koller, Lisa Murphy, Mark Demorra, and Bradley Hartle serve as the 4H STEM educators for the Lower Eastern Shore of Maryland. As part of the University of Maryland Extension 1890 Program mission, the 4H STEM initiative seeks to enhance and expand 4H STEM programs designed to meet the needs of a diverse, underserved, audience in Wicomico, Worcester, and Somerset Counties.
Exhibitors
Located in Rockland Hall

Stevenson University
Stevenson University Online’s master’s in Community-Based Education & Leadership program is designed to meet the growing demand for highly-qualified professionals to teach, lead, and manage in non-formal and informal education settings. Practicing professionals will gain the knowledge and skills to become effective educators and change leaders in their organizations. Upon completion of the master’s program, graduates will obtain the ability to meet the needs of diverse populations of learners, build transformative learning communities, and foster collaborative partnerships within the expanding non-formal educational sector.

Building Educated Leaders for Life (BELL)
BELL exists to transform the academic achievements, self-confidence, and life trajectories of children living in under-resourced communities. Because we believe in the tremendous potential of all children to excel, we recognize them as scholars. All children need opportunities to learn in order to fulfill their potential in school and in life. We work to create high-quality learning opportunities for the children who need them most so that they, too, can develop the skills, interests, and determination to excel.

Communicate, Collaborate, Celebrate
After twenty plus years in education and business management we have developed the perfect team. This is not because we are personally perfect or know all the answers... it’s because we have built a team around our individual skill sets. Once we realize we don’t have to be a superhero by ourselves, we can determine areas of support needed and collaborate. Our purpose is to inspire all entities to build on their strengths.

4H University of Maryland Extension
University of Maryland Extension (UME) is a statewide, non-formal education system within the college of Agriculture and Natural Resources and the University of Maryland Eastern Shore. UME educational programs and problem-solving assistance are available to citizens and are based on the research and experience of land grant universities such as the University of Maryland, College Park.

Maryland Afterschool Association
The Maryland AfterSchool Association, MdAA, (Formerly known as Maryland School-Age Child Care Alliance, MSACCA) is a professional organization formed in 1995 by and for school-age child care professionals. Our members include front line staff, directors, managers, owners, administrators, stakeholders, and others interested in supporting and improving school-age care in the state of Maryland.

OPEN 60/US Games
OPEN is a backward designed curriculum project that is built using SHAPE America’s National Standards and Grade-Level Outcomes. It incorporates current strategies and best-practices for ensuring academic rigor and teacher effectiveness. It’s the most flexible curriculum project available with downloadable activity plans and curriculum tools in easy-to-edit MS Word format.
**Leaders of Tomorrow Youth Center**

Leaders of Tomorrow Youth Center (LTYC) supports youths, ages 5-18, in the state of Maryland with arts programs that empower them to excel in the arts, academics, and social development. By providing opportunities and resources that otherwise would not be available, LTYC programs build higher self-esteem and self-worth in young people who are yearning for success.

**MOST Network**

Aside from hosting this awesome Conference, MOST is a statewide intermediary of AmeriCorps VISTA projects that build the capacity for OST and youth-serving programs. Stop by the MOST table to learn more about AmeriCorps VISTA.

**Inciter**

From the brilliant data scientists at Carson Research Consulting, Inciter is a cloud-based data management system for Community Schools. Stop by for a demo, play with the software, and learn how to leverage data and research for your school environment.

**Share Our Strength**

No child should grow up hungry in America, but one in six children struggles with hunger. Share Our Strength’s No Kid Hungry campaign is ending child hunger in America by ensuring all children get the healthy food they need, every day. The No Kid Hungry campaign connects kids in need with nutritious food and teaches their families how to cook healthy, affordable meals. The campaign also engages the public to make ending child hunger a national priority.

**Baltimore Arts Education Initiative**

In partnership with Baltimore City Public Schools, Arts Every Day will convene students, parents, community partners, arts educators, arts organizations, and district stakeholders to create a Strategic Plan to move the Baltimore City Public School District forward in 1) meeting new Maryland State Department of Education Fine Arts Standards and Regulations, 2) equipping school leaders and educators with a roadmap for building arts rich schools, 3) defining guidelines for quality school and community partnerships, out-of-school time and summer arts programming. The planning process will take place over the 2017-18 School Year.

**Digital Harbor Foundation**

In 2013, a closed down rec center in Federal Hill, Baltimore was transformed into a tech center, and ever since, school-age youth in Maryland have had access to hands-on projects and camps in making, digital fabrication, coding, and more. DHF also offers a variety of educator workshops to boost the capacity of your school or community-based makerspace. Stop by DHF’s booth for more information on their youth and educator programs, schedule a field trip, or get that 3D printer fixed.
A special thanks to our sponsors!
Impactful Mentors
By Design

Big Brothers Big Sisters at the Y provides free mentor trainings through the Maryland Mentoring Resource Center (MMRC). MMRC trainings are open to all mentors and mentoring program providers. Our mission is to help children and youth reach their fullest potential through professionally supported mentoring relationships.

For more information, please email marybradford@ymaryland.org or check out our upcoming trainings at ymaryland.org/programs/biglittle/training.
MOST is one of 50 Statewide Afterschool Networks supported by the Charles Stewart Mott Foundation, which fosters partnerships and policies to develop, support, and sustain high-quality opportunities for children and youth.